

Prognostic Implication of Tricuspid Regurgitation in ST-segment Elevation Myocardial Infarction Patients

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ABSTRACT **Background:** Tricuspid regurgitation (TR) is associated with adverse prognosis in various patient populations, but currently no data is available about the prevalence and prognostic implication of TR in ST-segment elevation myocardial infarction (STEMI) patients.

Objectives: To investigate the possible implication of TR among STEMI patients.

Methods: We conducted a retrospective study of STEMI patients undergoing primary percutaneous coronary intervention (PCI) and its relation to major clinical and echocardiographic parameters. Patient records were assessed for the prevalence and severity of TR, its relation to the clinical profile, key echocardiographic parameters, in-hospital outcomes, and long-term mortality. Patients with previous myocardial infarction or known previous TR were excluded.

Results: The study included 1071 STEMI patients admitted between September 2011 and May 2016 (age 61 ± 13 years; predominantly male). A total of 205 patients (19%) had mild TR while another 32 (3%) had moderate or greater TR. Patients with significant TR demonstrated worse echocardiographic parameters, were more likely to have in-hospital complications, and had higher long-term mortality (28% vs. 6%; $P < 0.001$). Following adjustment for significant clinical and echocardiographic parameters, mortality hazard ratio of at least moderate to severe TR remained significant (hazard ratio 2.44; 95% confidence interval 1.06–5.62; $P = 0.036$) for patients with moderate-severe TR.

Conclusions: Among STEMI patients after primary PCI, the presence of moderate-severe TR was independently associated with adverse outcomes and significantly lower survival rate.

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Tricuspid regurgitation (TR) is a prevalent echocardiographic finding. Mild TR without other conditions is considered benign, while moderate-severe TR definitely should prompt suspicion of other cardiac conditions such as significant pulmonary hypertension or right or left ventricular dysfunction [1,2].

The clinical impact of TR is still under investigation due to variations in the results of previous studies [3,4]. These variations were mainly associated with the heterogeneous and numerous co-morbidities associated with TR that influenced clinical outcomes, such as low left ventricular ejection fraction (LVEF) [5], right ventricular (RV) [6] dilation and dysfunction, and pulmonary artery systolic pressure (PASP) [7], thus, leading to studies that tried to isolate TR from potential confounders. Recent studies have demonstrated association between severe isolated TR and excess mortality and morbidity in various patient populations [2,6,8], but lesser degrees of TR were associated as well with poor prognosis, especially in men [9]. Nonetheless, current management guidelines of TR patients are ambiguous and most often consider interventional therapy only at the time of mitral or aortic valve surgery [5].

To date, to the best of our knowledge, no study has evaluated the prevalence and possible prognostic implication of TR in ST segment elevation (STEMI) patients. In the present study, we investigated the clinical profile, in-hospital outcomes, and long-term mortality associated with the presence of TR in STEMI patients treated with primary percutaneous coronary intervention (PCI).

PATIENTS AND METHODS

A retrospective, single-center observational study was performed at the Tel Aviv Sourasky Medical Center, a tertiary referral hospital with a 24/7 primary PCI service [10]. We evaluated 2139 consecutive patients admitted between September 2011 and May 2016 to the cardiac intensive care unit (CICU) with the diagnosis of acute STEMI. We excluded patients with a missing record of tricuspid valve echocardiographic evolution ($n=847$) as well as patients with previous myocardial infarction ($n=196$) and known previous TR ($n=25$). The final cohort consisted of

1071 patients whose baseline demographic, cardiovascular history, clinical risk factors, treatment characteristics, and laboratory results were retrieved from their hospital electronic medical files. Diagnosis of STEMI was established in accordance with published guidelines including typical chest pain history, diagnostic electrocardiographic changes, and serial elevation of cardiac biomarkers [11].

Primary PCI was performed in patients with symptoms ≤ 12 hours in duration as well as in patients with symptoms lasting 12–24 hours if pain consisted at the time of admission. Family history was defined as first degree relative with a positive history of early coronary artery disease (≤ 50 male, ≤ 60 female [years of age]). Symptoms duration was defined as the time from symptom onset (usually chest pain or discomfort) to emergency department (ED)/catheterization laboratory admission. Assessment of survival following hospital discharge was determined from computerized records of the population registry bureau. The study protocol was approved by the local institutional ethics committee (Institutional Board Review number TLV-16-0224).

ECHOCARDIOGRAPHY

Following the performance of primary PCI, all patients underwent a screening echocardiographic examination within 6–72 hours of CICU admission. Relevant data were collected from the clinical echocardiographic exam reports. Echocardiography was performed by Philips IE-33 equipped with S5-1 transducers (Philips Healthcare, Andover, MA, USA) and GE Vivid 7 model equipped with M4S transducer (GE Healthcare, Boston, MA, USA).

TR severity was determined using an integrative, semiquantitative approach as recommended by the American Society of Echocardiography [12].

Regarding the gravity of tricuspid regurgitation, we first assessed the severity of valve regurgitation by evaluating specific signs that would point to either less than mild or severe regurgitation, including color jet area (thin small central vs. large $> 50\%$ jet area), vena contracta (VC) width (< 0.2 cm or ≥ 7 mm), density of continuous Doppler jet (faint or dense and triangular), hepatic vein flow pattern (systolic dominant vs. systolic reversal), transtricuspid inflow pattern (A-wave dominant or high-velocity E-wave dominant), annular diameter (normal vs. dilated annulus with lack of valve coaptation), and RV and right atrial (RA) size (normal vs. dilated). If all of the signs and indices were concordant, we defined TR as less than mild or severe. If the signs or values of the qualitative or semiquantitative parameters were in the intermediate range between mild and severe, we defined TR as at least moderate to severe if the majority (five or more) of the signs and indices were concordant with severe TR [12].

None of the patients with severe TR had malcoaptation of valve leaflets. Tricuspid regurgitation jet on Doppler echocardiography peak systolic pulmonary artery pressure (SPAP) was estimated using the modified Bernoulli formula ($4 \times \text{TRV2 max} + \text{RAP}$, where TRV max is the peak systolic tricuspid regurgita-

tion velocity at end expiration, and RAP is the right atrial pressure. Left ventricular (LV) diameters and interventricular septal and posterior wall width were measured from the parasternal short axis by means of a 2-dimensional (2D or a 2D-guided M-mode echocardiogram of the LV at the papillary muscle level using the parasternal short-axis view [13].

LV ejection fraction was calculated by the Biplane method of disks (modified Simpson's rule). Briefly, expiratory and inspiratory inferior vena cava (IVC) diameters and percent collapse were measured in subcostal views within 2 cm of the right atrium. IVC diameter > 2.1 cm that collapsed $> 50\%$ with a sniff suggested a normal RA pressure (assigned as 5 mmHg), whereas an IVC diameter > 2.1 cm that collapsed $< 50\%$ with a sniff suggested a high RA pressure (15 mmHg). In patients with IVC diameter > 2.1 cm and no collapse ($< 20\%$) with a sniff, RA pressure was upgraded to 20 mmHg. In indeterminate cases in which the IVC diameter and collapse did not fit this paradigm, secondary indices of elevated RA pressure were integrated. If uncertainty remained, RA pressure was left as intermediate value of 10 mmHg.

STATISTICAL ANALYSIS

Patients were divided according to the severity of TR into two groups, those with no or mild TR and those with moderate to severe TR.

All data were summarized and displayed as mean \pm standard deviation for continuous variables unless stated otherwise, and as number (percentage) of patients in each group for categorical variables. The *P* values for the categorical variables were calculated with the chi-square test. Continuous variables were compared using the independent sample *t*-test or the Mann-Whitney U test. The Kaplan-Meier method and log-rank test were used to evaluate the association between the severity of TR and survival. To assess whether TR grade was independently associated with outcome, we used multivariate Cox regression for the primary endpoint (all-cause mortality) adjusted for all baseline variables found to be significant in the univariate analysis. We used SPAP cutoff of 36 mm/hg in the model as the European society of cardiology guidelines for the diagnosis and treatment suggest this value to diagnose possible pulmonary hypertension [14]. A two-tailed *p*-value of < 0.05 was considered significant for all analyses. Statistical analyses were performed using IBM Statistical Package for the Social Sciences statistics software, version 25 (SPSS, IBM Corp, Armonk, NY, USA).

RESULTS

A total of 1071 patients were included in the study, of whom 1039 (97%) presented with no-to-mild TR, and 32 (3%) with moderate to severe TR. The mean patient age was 61 ± 13 years (range 40–91), with a majority of male patients (80%). Demographic and clinical baseline parameters stratified by severity of TR are shown in Table 1. Patients with moderate to severe

Table 1. Baseline characteristics

Variables	None-mild TR (n=1039)	Moderate-severe TR (n=32)	P value
Age (years)	60.9 ± 12.9	75.4 ± 9.7	< 0.001
Sex (male)	841 (80.9%)	16 (50%)	< 0.001
Diabetes mellitus	219 (21.1%)	11 (34.4%)	0.081
Hypertlipidemia	449 (43.2%)	16 (50%)	0.473
Family history	255 (24.5%)	3 (9.4%)	0.048
Smoking	540 (52%)	10 (31.3%)	0.03
Hypertension	422 (40.6%)	23 (71.9%)	0.001
eGFR	77.22 ± 23.86	62.08 ± 28.49	< 0.001
C-reactive protein	12.72 ± 28.63	22.84 ± 42.4	0.205
Coronary artery disease severity:			
1 vessel disease	475 (46%)	10 (32.3%)	0.265
2-vessel disease	307 (29.7%)	9 (29%)	
3-vessel disease	248 (24%)	12 (38.7%)	

TR = tricuspid regurgitation

Continuous variables are expressed as mean ± standard deviation

Categorical variables are expressed as number and percentage

TR were significantly older and female and they had increased prevalence of chronic kidney disease and hypertension.

Key echocardiographic parameters stratified by severity of TR are shown in Table 2. Patients having moderate to severe TR demonstrated lower ejection fraction, higher septal E/e ratio, SPAP, and RA area ($P < 0.05$ for all) compared to No/mild TR group. There was no significant difference in tricuspid annular plane systolic excursion (TAPSE) between the two groups.

Among patients with moderate to severe TR, the most common culprit artery was left anterior descending coronary artery (14/32, 43%) and right coronary artery (14/32, 43%). The left circumflex coronary artery was the least imaged vessel (3/32, 9%).

IN-HOSPITAL AND LONG-TERM OUTCOME

Patients with significant TR had higher rate of in-hospital complications [Table 3]. The reasons included acute kidney injury, heart failure, arrhythmia bleeding, and need for mechanical ventilation ($P < 0.05$ for all) [Table 3].

The 30-day mortality was significantly higher among patients with moderate to severe TR (4/32, 12.5%) compared to patients with no/mild TR (21/1039, 2.0%; $P < 0.001$).

LONG-TERM MORTALITY

Over a mean period of 2.3 ± 1.5 years, 71/1071 (6.6 %) patients of the entire cohort died. Mortality was significantly higher among patients with moderate to severe TR (9/32, 28%) compared to patients with no/mild TR (62/1039, 6%; $P < 0.001$).

Multivariate Cox hazard analysis for moderate-severe TR

Table 2. Echocardiographic parameters stratified by severity of tricuspid regurgitation

Parameter	No or Mild TR	Mod to Severe TR	P value
E/E'	11.8 ± 4.7	15.8 ± 6.7	0.01
E/E' > 15	200 (20%)	15 (51%)	< 0.001
EF (%)	46.79 ± 7.62	41.09 ± 7.26	< 0.001
EF < 50%	618 (57%)	29 (90%)	< 0.001
RA area (cm2)	16.6 ± 3.5	19.6 ± 5.7	0.01
SPAP (mmHg)	26.6 ± 7.9	39.0 ± 16.0	< 0.001
SPAP > 36 mmHg	114 (15%)	17 (53%)	< 0.001
TAPSE (mm)	21.5 ± 4.8	19.4 ± 3.7	0.31

Continuous variables expressed as mean ± standard deviation

Categorical variables are expressed as number and percentage

EF = ejection fraction, RA = right atrial, SPAP = systemic pulmonary

artery pressure, TAPSE = tricuspid annular plane systolic excursion,

TR = tricuspid regurgitation

adjusted for significant clinical and echocardiographic parameters is shown in Table 4. The mortality HRs of moderate to severe TR (hazard ratio 2.44, 95% confidence interval 1.06–5.62, $P = 0.036$) remained significant even after adjustment for gender, family history, hypertension, estimated glomerular filtration rate (EGFR) < 60, EF < 50%, E/e' ratio ≥ 15, and SPAP > 36.

DISCUSSION

The present study demonstrated that among the STEMI patient population, the presence of moderate to severe TR was associated with significantly lower survival rate compared to patients with mild/no TR. TR was associated with excess mortality even when adjusted for demographic, clinical, and other echocardiography parameters. To the best of our knowledge, this is the first report to date suggesting a possible prognostic implication of TR in STEMI patients.

TR is a common echocardiographic finding [15], but has been disregarded due to the credence that it is a clinically insignificant condition. The clinical impact and outcomes of TR are difficult to assess because of its heterogeneity and the association with numerous co-morbidities. Hence, management guidelines of TR patients remain ambiguous due to conflicting studies results [9,16,17]. Pivotal studies suggested that untreated TR is associated with excess mortality and cardiac events [7,17].

In previous studies TR had been associated with additional cardiovascular outcomes. It has been shown that TR is a common finding in patients with left-sided valvular disease. Significant TR in this circumstance is considered as a late-stage marker and is associated with poor outcome and worse prognosis [7,17,18]. Therefore, patients undergoing left valve surgery with severe functional TR (FTR) have a class I indication for concomitant tricuspid valve surgery [19]. In patients undergo-

Table 3. Complications at the time of hospitalization

Parameter	No or mild TR (n=1039)	Moderate to severe TR (n=32)	P value
30-day mortality	21 (2.0%)	4 (12.5%)	< 0.001
Acute kidney injury	103 (9.9%)	10 (31.2%)	< 0.001
IABP	33 (3.2%)	6 (18.7%)	< 0.001
In hospital CABG	17 (1.6%)	1 (3.4%)	0.42
Mechanical ventilation	44 (4.3%)	6 (18.7%)	< 0.001
Heart failure	91 (8.8%)	9 (28%)	< 0.001
Bradycardia	39 (3.8%)	5 (15.6%)	< 0.001
VT/VF	92 (8.9%)	4 (12.5%)	0.37
Atrial fibrillation	41 (3.9%)	4 (12.5%)	0.01
Stent thrombosis	19 (1.8%)	0 (0%)	0.46
Bleeding	43 (4.1%)	5 (15.6%)	0.001

CABG = coronary artery bypass graft, IABP = intra-aortic balloon pump, TR = tricuspid regurgitation, VT/VF = ventricular tachycardia/ventricular fibrillation

ing transcatheter aortic valve replacement (TAVR) the impact of preoperative significant TR was associated with almost a two-fold increase in 2-year mortality [18].

TR is also common among patients with chronic heart failure (CHF) due to the pathophysiology of CHF, which results in right ventricular dilatation and the development of FTR. This combination consequently, generates further right ventricular dilatation and worsening of TR [20]. Studies indicate a strong impact of TR on the clinical outcome in CHF patients, where TR was significantly related to mortality [21].

Recent studies have demonstrated that moderate-severe TR is associated with poor outcome, even in the absence of left ventricular dysfunction or pulmonary hypertension [3,7,9], implying that tricuspid valve repair or replacement may lead to a survival benefit. However, to date, TR patients are rarely referred for isolated surgical tricuspid valve repair, and these repairs are mostly performed during other planned cardiac surgery [5]. In the era when percutaneous repair procedures are on the rise, more research on percutaneous approaches for TR is needed [22].

Limited data exist on the prevalence and prognostic value of significant TR in STEMI patients undergoing PCI. In the setting of acute occlusion of the right coronary artery leading to inferior MI, RV involvement, and concomitant severe TR, tricuspid papillary muscle rupture (PMR) had been reported as a rare complication [23,24].

The present study provides, for the first time, evidence that moderate to severe TR can serve as a possible prognostic marker among STEMI patients. We found that among STEMI patients undergoing primary PCI, with no known previous TR, the prevalence for moderate to severe TR was 2.7%. These patients present-

Table 4. Multivariate Cox hazard analysis for long-term mortality adjusted for significant clinical and echocardiographic parameters

Parameter	Heart rate	95% confidence interval	P value
Sex (male)	1.47	0.83-2.62	0.18
Family history	0.51	0.18-1.43	0.20
Hypertension	0.87	0.49-1.55	0.65
EF < 50%	1.08	1.04-1.11	< 0.001
E/E' > 15	2.34	1.24-4.41	0.01
EGFR < 60 ml/min	2.92	1.66-5.18	< 0.001
SPAP > 36 mmHg	1.55	0.83-2.87	0.17
TR moderate-severe	2.44	1.06-5.62	0.036

EF = ejection fraction, EGFR = estimated glomerular filtration rate, SPAP = systolic pulmonary artery pressure, TR = tricuspid regurgitation

ed with more in-hospital complications and worse long-term outcomes. These results imply that in patients with moderate to severe TR, additional follow up after PCI is needed. Once released from hospital these patients should be followed by a cardiologist, undergo an additional echocardiographic exam to track progression of TR severity and possibly electrocardiogram exam due to a high prevalence of arrhythmias. An extra emphasis should be placed on balancing of cardiovascular risk factors for these patients.

Although the reason for higher mortality among STEMI patients with significant TR is unclear, we postulate that the presence of TR after STEMI could be a marker of decreased RV function and contractility. It has been shown that the presence of severe TR can be attributed to RV akinesis in the settings of inferior MI or to ischemic impairment of the tricuspid valve [23]. Moreover, increasing severity of TR is allied with RV dilation, dysfunction, and elevated right atrial pressure, and leading to worse outcomes [20]. In addition, the association between enlarged RV and increased mortality was demonstrated in previous studies [25], elucidating that RV function after STEMI has important prognostic implications. Nevertheless, from our understanding the RV function influence on outcomes only partly explains the association between significant TR among STEMI patients and mortality. From our data only 5/32 patients (16%) with moderate to severe TR had RV dysfunction and/or dilation. This finding can imply previous impermanent or pulmonary hypertension leading to FTR; therefore, additional research is needed to illuminate the matter.

LIMITATIONS

We conducted a single-center retrospective and non-randomized observational study. Because of its retrospective nature, the study was subjected to selection bias, and therefore the results point toward association, and not cause and effect. The relatively small number of patients with moderate-severe TR represents

a fragile dataset with changes in results possible if data from single patients is changed.

The study included only patients with first MI who were undergoing primary PCI and with no known previous TR; therefore, the results cannot be generalized to all STEMI patients with TR. The group with moderate to severe TR was small, patients were significantly older, female, and with chronic kidney disease. While we attempted to adjust for confounding factors using the multivariate Cox hazard model TR may be regarded as a marker rather than cause in this population. Data regarding medical and automatic implantable cardioverter defibrillator treatment post-discharge were not available and may prohibit further comprehensive analysis of the data.

Finally, data were collected retrospectively from echocardiographic reports that were recorded and analyzed by different sonographers. An echocardiographic exam is highly operator dependent, which may be subjective even though it was determined by echocardiography experts. Because echocardiography was performed only after PCI for all patients, possible improvement of TR after PCI could have not been assessed. Patients having TR were more likely to be older and of female gender. Older, female patients raise suspicion of heart failure with preserved ejection fraction, which frequently is accompanied by moderate/severe TR and is associated with substantial risk for mortality, which might explain findings in the present study.

CONCLUSIONS

Among STEMI patients after primary PCI, the presence of moderate to severe TR was a marker of lower survival rate. Our results should be interpreted with caution and more research is needed in the future with prospective randomized trials.

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Nothing great in the world has been accomplished without passion.

Georg Wilhelm Friedrich Hegel (1770–1831), German philosopher