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Cover Picture:

This artwork, made by Madam J, captures the grueling physical reality of desert deployment, vividly portraying soldiers under the blazing, merciless sun. Their faces are flushed red and glistening with sweat, visually communicating the intense physiological strain of extreme heat. Commissioned for this volume of the Journal of Israeli Military Medicine and led by LTC Itay Ketko, Head of the Military Physiology and Medical Innovation Branch, this piece serves as a powerful visual anchor for an article on preventing, recognizing, and managing heat illness in the field.

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